

TABLE III.A.3.c:

**P R E V A L E N C E O F O V E R W E I G H T * I N U . S . A D U L T S , B Y A G E , R A C E / E T H N I C I T Y ,
G E N D E R , A N D O C C U P A T I O N , 1 9 8 8 - 1 9 9 1**

Gender/Age	White Collar	Blue Collar	Black	Mexican American						White					
				Farm	Service	Total	White Collar	Blue Collar	Farm	Service	Total	White Collar	Blue Collar	Farm	Service
Males															
25-44	28	35	15	32	31	46	32	30	36±	35	30	31	24	30±	30
45-64	44	35	15	38±	37	41	58	38	54±	51	38	38±	47	21±	37
Females															
25-44	47	48	55	48	48	40	41	46	27	38	31	31	29		
45-64	56	55	66	60±	55	55	58	57	41	45±	43	43	42		

* Overweight is defined as $\geq 27.8 \text{ kg/m}^2$ for men and $\geq 27.3 \text{ kg/m}^2$ for women.

± Estimate not reliable because of small sample size.

Source: NCHS/CDC NHANES III Phase 1, 1988-1991.⁷⁶⁰